NOW OFFERING FREE MEMBERSHIPS FOR 7TH GRADERS!

STAY ACTIVE AND BE FIT
Go for a swim in the pool.
Participate in a group exercise class.
Sign up for personal training.
Work out in the fitness center.

LEARN AND PLAY
Shoot some hoops with friends.
Register for programs like Basketball, Soccer, Flag-Football and more!
Join teen leadership programs.
Participate in after school activities.
Sign up for safety courses like CPR, First Aid, or Babysitting.

CONNECT AND HAVE FUN
Hang out and socialize with friends.
Go on an adventure at Summer Camp.
Have a blast at a pool party.
Make new friends.

HOW DO I SIGN UP?
Registration for our 7th grade initiative is easy. Students simply need to bring proof of 7th grade status (a school id, class roster, class schedule or a recent report card), along with a parent or guardian to any YMCA of Delaware location.
FREE 7th Grade Membership
Frequently Asked Questions (FAQs)

1. What is the free 7th grade membership?
Starting on January 3, 2019 all YMCA branches in the state of Delaware will begin offering a free YMCA youth membership to students currently in the 7th grade.

2. Does the Y have free memberships for 8th graders, 6th graders, or other grades?
No. Currently we are only offering free memberships to students in the 7th grade.

3. Why 7th grade?
Seventh grade is a pivotal and transitional time for many teens – sports become more competitive and provide less opportunity for the average child to be involved in physical activity. Additionally, it is a time when teens are usually given more freedom to choose how they spend their free time. Habits that begin in the 7th grade are likely to continue into adulthood.

At the Y, we want to support and encourage kids to make good decisions and form healthy habits that lead to a healthy lifestyle.

4. Does the 7th grader have to go to a school in Delaware?
Yes. This membership is only for 7th graders who go to school (or live) in the state of Delaware.

Note: If you receive pushback, feel free to honor the membership to a 7th grader who lives (or goes to school) in Maryland, Pennsylvania or New Jersey.

Note about reciprocity: This membership is for Y branches that belong to the YMCA of Delaware association.

5. How long is the membership effective?
This membership is good for the student’s 7th grade school year.

6. What do I need to bring to prove that the student is in 7th grade?
You will need to show a school Id, recent report card, class roster, or class schedule.
What if the student is home schooled?
They will need to show proof that they follow a home school curriculum.

7. I don’t have a YMCA membership. If I sign my 7th grader up for a membership, can I workout with them -- will I also get a free membership?
This free membership is only available for current 7th graders. However, we would love for you to join the Y, so I can give you a tour and let’s talk about what membership options could be best for you.

8. I have an existing membership that includes a 7th grader, do I get a discount?
Since many of our memberships are not based on a per person cost, no. **However**, if the 7th grader is the only youth on the membership and you have a one adult family membership, you can downgrade to an adult and have the youth do the free membership. Don’t forget to cancel/transfer your member to the free 7th grade membership if you currently have a student membership.

9. I just found out about this program, can I get reimbursed for the months I have already been paying for my 7th grader?
No.

10. If I have more than one 7th grader in my family (i.e. twins or triplets), is my family still eligible for this membership?
Absolutely.

11. Can a 7th grader sign up for this membership on his/her own, or does a parent/guardian need to be present to sign and complete the 7th grade membership application?
No, a 7th grader cannot sign up on his/her own. Parents/guardians need to be present to complete and sign the membership application, sign the parent agreement and the behavioral expectations form.

12. Are there any special activities for 7th graders? What can they do at the Y?
We have many things that they can do (play basketball; use the pool; workout in the fitness center*; sign up for youth personal training; participate in a group exercise class; and enjoy teen activities at the Y.

For a fee, 7th graders can also sign-up for safety courses like CPR, Babysitting, First Aid; summer camp; participate in teen programs like soccer, instructional basketball, flag-football and more; join teen leadership programs).

*In order to work out in the fitness center, the student must complete an orientation – you can sign up for your orientation when you activate your membership.
13. When the student comes to the Y, is there a special 7th grade sign-in sheet that they need to use? Or is there a designated "7th grade" area for where they should go?
No, there isn't a specific sign-in sheet. When they enter the Y, they simply swipe their membership card at the front desk/membership greeter station.

No, there isn’t a designated area for 7th graders. Any person, 12 years of age or older, has free reign to use different areas of the Y. Anyone 11 and under, must be supervised by an authorized adult (over the age of 18)*.

*In order to work out in the fitness center, the student must complete an orientation – you can sign up for your orientation when you activate your membership.

14. Are there specific chaperones?
We do not have specific chaperones, but we do have Y staff in various parts of our facility that are responsible for watching specific areas i.e. lifeguards at the pools, fitness staff on the floor of fitness center, directors etc.

15. If I have questions about the 7th grade membership, who can I contact?
At the branch, staff from our membership team will be able to assist you.

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YMCA of Delaware

7th Grade Membership
Student Agreement/Conduct Expectations

1. Seventh graders will conduct themselves in a manner that displays respect for themselves and others, including those in the program, staff, guests, and other YMCA members.
   - Participants will use respectful manners, actions, and language and not use vulgar obscene, harassing, or hurtful language.
   - Participants will not engage in physical contact with others in a joking, disrespectful, or harmful way.
   - Participants are responsible for their belongings. The YMCA is not responsible for lost or stolen property.

2. The following could result in immediate removal from the program:
   - Use of any alcohol, drugs, or tobacco products
   - Theft of any kind
   - Destruction of property or vandalism
   - Fighting, threatening, or aggressive behavior
   - Disruption of or not following these guidelines for each area of the facility

3. Participants who do not comply could be asked to leave for the remainder of the day, could be suspended for a period of time, or could be removed from the program. Removal from the program would include termination of YMCA membership.

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<th>Teen Name (Printed)</th>
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<th>Parent/Guardian Name (Printed)</th>
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YMCA of Delaware
Parent/Guardian Agreement
7th Grade Free YMCA Membership

This form must be completed in full for all participants. This form must be turned in to YMCA staff prior to participation in the above mentioned program. Please print information clearly.

I give permission for my child, ____________________________ to visit the YMCA and use the free 7th grade membership.
I understand I am responsible for picking up my child after their visit at the YMCA. While at the YMCA, children age 12 and older have full access to use the facility — children age 11 and younger must be supervised by an authorized adult (over the age of 18).

Parent/Guardian Name: ____________________________ Email: ____________________________
Address: ____________________________ City: ____________________________ Zip: ____________________________
Primary Phone: ____________________________ Emergency Contact (name and #): ____________________________
Child’s Date of Birth: ____________________________ Child’s School/Grade: ____________________________
Special Health Concerns: ____________________________

AGREEMENT
1. I certify that the participant listed above is in normal health and capable of safe participation in YMCA recreation programs and/or use of facility.
2. I agree the above participant will abide by the Core Values of Caring, Respect, Honesty & Responsibility while taking part in activities or using facility.
3. In the event that I cannot be reached in an emergency, I authorize the YMCA staff to provide and obtain medical treatments for my child.
4. The YMCA is not responsible for lost or stolen property.
5. I understand that my/my child’s membership or facility use may be revoked if deemed necessary.
6. I give permission for the YMCA to transport my child to and from program activities and emergency situations.
7. I give permission for the YMCA of Delaware to use photographs, digital images and/or quoted statements by my child or me for the purpose of promotion and advertising for the YMCA of Delaware and its programs. I understand that there will be no paid compensation for any such usages.
8. I understand that children 12 and older have full access (free reign) to use the facility.
9. I understand that children 11 and younger must be supervised by an authorized adult (over the age of 18).

ATTENTION—PLEASE READ THE FOLLOWING CAREFULLY. THIS WAIVER AFFECTS YOUR LEGAL RIGHTS
10. In consideration of my/my child’s participation in the activities of the YMCA of Delaware, I agree to waive, release, indemnify and hold harmless the YMCA and its respective officers, employees, volunteers, and members for injuries, accidents and damages that result from my/my child’s participation in the programs including but not limited to liability for its own negligence, and do hereby on behalf of myself, heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which may have or which may hereafter accrue to me/my child arising out of or connected with participation in the programs, use of the YMCA facilities and property, or use of equipment within its facilities.

I understand that even when every reasonable precaution is taken, accidents can sometimes occur. I further understand that the activities of the YMCA have inherent risks and I hereby assume all risks and hazards incidental to my or my family’s participation in programs or use of the facilities, or equipment within its facilities.

I UNDERSTAND THAT SIGNING BELOW DEMONSTRATES ACCEPTANCE OF THE ABOVE TERMS IN THEIR ENTIRETY.

Participant’s Name: ____________________________ Age: ____________________________
Parent/ Guardian Name (Please Print): ____________________________
Signature of Parent/Guardian: ____________________________ Date: ____________________________